

MORTON GENERAL HOSPITAL
COMMUNITY HEALTH NEEDS ASSESSMENT IMPLEMENTATION PLAN

Overview

Our Community Health Needs Assessment (CHNA) Implementation Plan addresses the needs found in the CHNA adopted by the hospital’s Board of Commissioners. This plan describes the community health needs that the hospital will address in 2017-2019. Furthermore, the plan was presented to the hospital’s Finance Committee on May 15, 2017. The Committee recommended the plan for formal adoption by the hospital’s Board of Commissioners.

The information contained in the 2017 CHNA and Implementation Plan was systematically collected to identify and prioritize areas to improve community health. The assessment took into consideration demographic, socio-economic factors, health behaviors and mortality data as well as participant feedback in several community focus groups. Additionally, this assessment and plan satisfies the Internal Revenue Service’s regulation in Section 501(r) of the Internal Revenue Code.

This CHNA Implementation Plan is intended to be a fluid document. Amendments may be made as changes occur in our environment. As changes occur, our priorities may shift and the amount of devoted resources may be altered. However, Morton General Hospital’s goal remains to address the health needs of the community we serve.

Community Health Needs

Based on the collected data and focus group feedback, the following community health needs were identified:

| Community Health Needs Identified in 2017-2019 CHNA | Intend to Address (Y/N) |
|---|-------------------------|
| Obesity and Nutrition | Y |
| Diabetes | Y |
| Past Heart Attack | N |
| Mental Health | Y |
| Access | N |
| Alcohol/Drug Use and Addiction | N |
| Smoking | Y |
| Poverty | N |
| Aging Population | Y |
| | |

Implementation Strategy

1. Obesity and Nutrition

- a. Employ a full-time Registered Dietician.
 - i. Goal: Meet the nutritional needs of each patient within 90 days of hire.

- b. Prevention T2 program is offered to all pre-diabetic patients. Nutrition and exercise is a component of the program.
 - i. Goal: Reduce participants' weight by 5-7% of starting weight within first 6 months.
- c. Develop a Corporate Wellness Program to promote weight loss.
 - i. Goal: Reduce participants' collective weight by 2% by end of year 3.

2. Diabetes

- a. Prevention T2 program is offered to all pre-diabetic patients.
 - i. Goal: 50% of all participants will get at least 90 minutes of exercise each week for first 6 months of program.
- b. Type 2 Diabetes Basics
 - i. Goal: 75% of all patients that complete the 4-session curriculum will improve glucose control as measured by HbA1c.

3. Mental Health

- a. Continue to explore the avenues with which to provide mental health services to hospital district residents.
 - i. Goal: Implement an outpatient mental health service within the district by end of year 2.

4. Smoking

- a. Continue to offer free smoking cessation opportunities to district residents through evidence-based health coaching.
 - i. Goal: Provide smoking cessation information to all clinic patients identified as active smokers by start of year 2.

5. Aging Population

- a. Continue to offer the Aging Mastery program annually.
 - i. Goal: 75% of participants will indicate that the program helped them deal more effectively with their health.

Summary

Morton General Hospital will minimally review and update this CHNA Implementation Plan annually. An annual progress report will be submitted to the board. Throughout the year, Morton General Hospital will endeavor to meet the community's health needs in their actions and decisions. However, the sustainability of continued operations and strategic initiatives will be given priority over the identified initiatives in our CHNA.